

## Policy for health promotion

### The aim of this policy is to:

- Create an environment where students thrive both academically and socially.
- Encourage a social environment where alcohol does not play a central role and the students have a healthy relationship to alcohol.
- Provide room for dialogue on the topic through information and education.
- Prevent students from developing problems with alcohol and / or drugs.
- Offer help as early as possible to students who may have problems with alcohol and/or drugs.
- To implement the Municipality of Copenhagen's "smoke-free schools" policy.
- To create a nicotine-free environment for everyone at the European School Copenhagen.
- To help prevent consuming nicotine products among young people.

### Actions taken to fulfill these aims include:

- Assembly with Drug Rebels
- Assembly with Kræftens Bekæmpelse
- Students are not allowed to consume alcohol or take drugs at the school or to enter school grounds under the influence (incl. school time outside the school e.g. study trips)
- All cafés will have a theme so that is in focus and not alcohol. The themes are decided by the social committee and could be e.g. gaming night, foosball etc.
- Water is free and available at all parties in the bar.
- Only alcoholic drinks with a max of 5% alcohol is served at parties.
- Meetings are held at regular intervals between management and the mentors for S5-students to ensure that the introductory activities held at the school do not involve alcohol and that the mentors reflect on their roles as role models.
- Informing the students on where they can seek help, if needed.

### Other relevant policies and legislation:

- [Københavns Kommunes Røgfri Skoletidspolitik / Municipality of Copenhagen "Smoke-free" school hours policy](#)
- [Lov om røgfri miljøer](#)