

The City of Copenhagen's
Municipal Health Service

School Healthcare



Dear Parents

This folder provides a short summary of the healthcare services offered by the City of Copenhagen to all its school children.

The school nurse will be monitoring your child's health and well-being throughout his/her schooling. The aim of this folder is to ensure that our collaboration with you as parents and with your child is constructive.

Individual Interviews and Examinations

The school nurses carry out interviews and examinations in kindergarten class (0), 1st, 5th and 8th class.

Specific to the Introductory Schooling Interview

During the kindergarten class year you and your child will be invited to an introductory schooling interview and examination. The aim being that we carry out an evaluation of your child's general health and well-being together. In this way the school nurse can support and advise you in matters relevant to your child's general health and well-being, including referral to other professionals/services.

Your child's eyesight and hearing will be tested. He/she will be weighed and measured and we will examine your child's motor function.

If we are to collaborate around your child's general health and well-being it is important that you take part in the introductory schooling examination and interview. At the interview, the school nurse will take the "Questions for the home" and "interview-sheet" as his/her point of departure. It is therefore important that you take the time to complete them at home.

Instruction on General Health Issues

The Healthcare Service provides instruction on general health issues in 2nd, 3rd, 4th, 6th, 7th and 9th class.

The school nurse offers instruction on relevant health related issues such as, hygiene, friendship, puberty, sexual health, food, smoking, alcohol, etc.

This instruction can take place in the classroom or in a smaller group. The school nurse collaborates with the class teacher in order to ensure that the issues the school nurse introduces are in line with what the class is currently preoccupied by.

The school nurse can also provide group courses for children and youth who have certain problems in common, for example being overweight, grief, divorce, etc.

Open Consultation

The district nurse offers Open Consultation services to pupils and parents in all classes.

If you (or your child) need to speak with someone about general health issues or his/her current health and well-being you are welcome to contact the school nurse. It could be about any number of things ranging from hearing- and eye tests, worry about overweight or growth problems, well-being in class or at home, death within the immediate family, contraception to a whole lot of other issues.

For details on how to contact the school nurse please check SkoleIntra or the school's website.

Children with Overweight

If your child is overweight or if you are worried about your child's weight the school nurse can offer specific support. Please contact the school nurse for more information.

The Child's Record

The school nurse is obliged to keep records. All of Copenhagen City's school nurses use an electronic record-system in which information relevant to the child's development is noted. You have access to the information, the public health nurse notes in your child's record, on www.sundhedsvejen.dk.

You can read more about the child's record at www.kk.dk/sundhedsplejen (in Danish).

As parents, you have the right of access to documents in your child's record. This can be obtained by contacting the Head district nurse in your area of residence.

Collaboration between the School and the Healthcare Service

To give your child the best possible support in his/her health development we will work together with the school regarding your child's well-being and health.

More information on the Healthcare Service

You can read more about the legislation, or the various services provided by the Healthcare Service, the policy of records and the school nurse's contact details on SkoleIntra and the municipal healthcare Danish language website: www.kk.dk/sundhedsplejen.

This service is voluntary. Parents who do not wish to avail of the service are kindly asked to inform the Healthcare Service that this is the case.

Schools with SkoleIntra

The School Healthcare Service will be linked to ForældreIntra during the coming school year with a view to making it easier for parents and the school nurse to communicate with one another.

